



AIRBANDS

WIRELESS BFR CUFFS

Next generation BFR training

AirBands (patent pending), are the world's first wireless, automated training cuffs.

AirBands leverages the benefits of blood flow restriction (BFR), a safe and effective method to reduce the time and intensity required to build muscle and increase strength.

As the world's first Bluetooth-controlled, wireless BFR cuffs, AirBands can help streamline the process of using BFR in the clinic and at home.

No need for heavy weights

When combined with evidence-led training programs, BFR can provide a multitude of groundbreaking physiological benefits, including:

- Increased muscular adaptations.
- Advances in aerobic capacity.

HARDWARE

Build muscle and increase strength without mechanical load

The AirBands cuff

The AirBands cuff features a velcro loop system, for superior comfort and durability. Built from sweat-resistant fabric cloth, lined over a custom-built, medical-grade air bladder.

Arm cuff: 25cm – 45cm / 10" – 18".

Leg cuff: 45cm – 65cm / 18"–26".

The AirBands module

AirBands feature a rechargeable battery, sensor, valve, pneumatic pump, air bladder and a Bluetooth module that connects to your smart device.



SOFTWARE



Take the guesswork out of calibration

The AirBands app

- Wireless pairing.
- Automatic inflation/deflation.
- Individualised pressure calibration.

 **iOS Devices**
Available from the App Store

 **Android Devices**
Available on Google Play